



## Here are 10 fun kindness ideas to do on the days leading up to World Kindness Day:

### **November 3:** 10 Days to World Kindness Day

Kindness Kickoff: Choose one small act to add to your daily routine – smile, compliment, or lend a hand.

- 💡 Kindness grows stronger the more we practice it – it becomes a healthy habit!

### **November 4:** 9 Days to World Kindness Day

Gratitude Ping: Send a quick message or note just to say you're thinking of someone. No reason needed – just kindness!

- 💡 Showing gratitude boosts happiness and builds stronger friendships.

### **November 5:** 8 Days to World Kindness Day

Letters to Tomorrow: Write a letter to your future self (try [futureme.org](http://futureme.org) or just seal it for next year!) about one kind habit you'll keep.

- 💡 Setting goals helps turn kind intentions into lasting habits.

### **November 6:** 7 Days to World Kindness Day

Local Lift: Leave a kind review for a small business, library, or favorite place in your community.

- 💡 Sharing positivity helps communities grow stronger together.

### **November 7:** 6 Days to World Kindness Day

Compliment with Care: Notice someone's effort – like their creativity, teamwork, or perseverance – and let them know!

- 💡 Recognizing effort encourages growth and builds trust.

### **November 8:** 5 Days to World Kindness Day

Micro-Generosity: Do something unexpected for someone – hold the door, share a snack, or leave a kind note.

- 💡 Helping others activates the “feel-good” part of your brain!

### **November 9:** 4 Days to World Kindness Day

Gratitude Letter Writing: Write a letter to someone who's made a difference in your life – or write to yourself to celebrate your growth.

- 💡 Expressing gratitude builds confidence and strengthens connections.

✉️ [Check out our RAKtivity for full instructions!](#)

### **November 10:** 3 Days to World Kindness Day

Just Listen: When someone shares something with you, listen without jumping in to fix it.

- 💡 Feeling heard reduces stress and builds empathy.

### **November 11:** 2 Days to World Kindness Day

A Helping Hand: Offer to help – with chores, schoolwork, or a project. Even small help can make a big difference!

- 💡 Acts of service turn empathy into action.

### **November 12:** 1 Day to World Kindness Day

Gratitude Wave: Tag or tell three people who inspire you and share why they matter to you.

- 💡 Gratitude strengthens hearts – and friendships!

### **November 13:** IT'S WORLD KINDNESS DAY

Make Kindness the Norm!: Do one kind act, share your story or a photo, and tag [@randomactsofkindnessfoundation](https://www.randomactsofkindnessfoundation.org).

- 💡 When we act kindly together, kindness spreads everywhere!

**RANDOM ACTS OF KINDNESS FOUNDATION®**

[www.randomactsofkindness.org/world-kindness-day](http://www.randomactsofkindness.org/world-kindness-day)