



Here are 10 fun kindness ideas to do on the days leading up to World Kindness Day:

November 3: 10 Days to World Kindness Day
Kindness Kickoff: Choose one small act to add to your daily routine – smile, compliment, or lend a hand.

- 💡 Kindness grows stronger the more we practice it – it becomes a healthy habit!

November 4: 9 Days to World Kindness Day
Gratitude Ping: Send a quick message or note just to say you're thinking of someone. No reason needed – just kindness!

- 💡 Showing gratitude boosts happiness and builds stronger friendships.

November 5: 8 Days to World Kindness Day
Letters to Tomorrow: Write a letter to your future self (try futureme.org or just seal it for next year!) about one kind habit you'll keep.

- 💡 Setting goals helps turn kind intentions into lasting habits.

November 6: 7 Days to World Kindness Day
Local Lift: Leave a kind review for a small business, library, or favorite place in your community.

- 💡 Sharing positivity helps communities grow stronger together.

November 7: 6 Days to World Kindness Day
Compliment with Care: Notice someone's effort – like their creativity, teamwork, or perseverance – and let them know!

- 💡 Recognizing effort encourages growth and builds trust.

November 8: 5 Days to World Kindness Day
Micro-Generosity: Do something unexpected for someone – hold the door, share a snack, or leave a kind note.

- 💡 Helping others activates the “feel-good” part of your brain!

November 9: 4 Days to World Kindness Day
Gratitude Letter Writing: Write a letter to someone who's made a difference in your life – or write to yourself to celebrate your growth.

- 💡 Expressing gratitude builds confidence and strengthens connections.

📧 [Check out our RAKtivity for full instructions!](#)

November 10: 3 Days to World Kindness Day
Just Listen: When someone shares something with you, listen without jumping in to fix it.

- 💡 Feeling heard reduces stress and builds empathy.

November 11: 2 Days to World Kindness Day
A Helping Hand: Offer to help – with chores, schoolwork, or a project. Even small help can make a big difference!

- 💡 Acts of service turn empathy into action.

November 12: 1 Day to World Kindness Day
Gratitude Wave: Tag or tell three people who inspire you and share why they matter to you.

- 💡 Gratitude strengthens hearts – and friendships!

November 13: 🌟 IT'S WORLD KINDNESS DAY
Make Kindness the Norm!: Do one kind act, share your story or a photo, and tag [@randomactsofkindnessfoundation](#).

- 💡 When we act kindly together, kindness spreads everywhere!

RANDOM ACTS OF KINDNESS FOUNDATION®

www.randomactsofkindness.org/world-kindness-day