

Honesty Song

For this project, students will learn a song about honesty to emphasize kind behaviors that tie into using honesty in the classroom. Music is a terrific way to make abstract concepts more concrete.

Integrity Sub-Concept(s)

Kindness

Project Timeframe

25-30 minutes

Required Materials

- ☐ Poster board
 - ☐ art supplies
 - ☐ paper
 - ☐ Melody of 'yankee doodle' (optional)
- <https://www.youtube.com/watch?v=8zBzkCQqIJg>

As a class, list 3 ways to be honest in the classroom every day. Write the phrases on the board. (Examples include, *Tell the truth, Never lie, Do not make up stories*, etc.)

Have each student draw a picture that shows how they can practice honesty in the classroom. Refer to the examples on the board if needed.

Learn the following song about Honesty (to the tune of Yankee Doodle): Create a poster with all of the lyrics to display them during your singing.

***Honest, honest, I will be, I'll always tell the truth;
I'll speak up, admit I'm wrong, and ask for help from you!
Honest, honest, I will be, you can count on me,
I'll do what's right and be sincere, just you wait and see!***

(hold up personal pictures at the end)

Sing the song seven times on the first day you create it. Research shows you need to hear a new song or jingle at least this many times to make a solid memory. One way to do this is using different approaches: use silly voices, clap to the beat while singing, hold hands and dance while singing it, etc.

If desired, sing your song to the other grades. You can even teach it to them so they can practice being honest as well!

Sing the Honesty Song weekly to encourage this behavior in class.



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AS A RECOMMENDED
PROGRAM FOR SOCIAL
AND EMOTIONAL
LEARNING.

The Collaborative for Academic, Social, and Emotional Learning ([CASEL](https://casel.org)) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the [CASEL Guide to Effective Social and Emotional Learning Programs](#).

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

<https://casel.org/guide/kindness-in-the-classroom/>