



# Responsibility

**Sub-Concepts Covered: Self-Discipline, Perseverance, Kindness**

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

The Responsibility Unit gives students the opportunity to evaluate responsibility through the lens of personal and social responsibility and decision making. Students will determine what they are responsible for and how their choosing to be responsible can make a positive difference for others. They will also explore how pop culture, particularly in the media, impacts their ability to make responsible choices.

## Unit Objective

Students will:

- Analyze the role of self-discipline in responsible decision making.
- Identify what influences responsible decision making.
- Determine appropriate and responsible reactions to various situations.
- Evaluate the media’s impact on emotions and responsible decision making.

## Student Introduction

Welcome to the Responsibility Unit! In this unit you will explore how to make responsible decisions and investigate what influences your ability to make responsible choices - particularly how popular culture and the media influence you! Remember that you have the power every day to make responsible choices and to use self-discipline to do what is required or expected of you. Making these good choices not only make things better for you, but also make things better for others. Choosing responsibility and kindness is always the way to go!

- Responsibility and self-discipline
- Influences on decision making
- How media influences our ability to be responsible
- How responsible decisions positively impact others

Let’s get started with our first lesson!

## Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
<b>Lesson 1</b> Rules RULE!	<ul style="list-style-type: none"> <li>Students will analyze the role of perseverance in responsible decision making.</li> </ul>	<input type="checkbox"/> These Rules RULE Worksheet (see lesson)
<b>Lesson 2</b> Our Greatest Influences	<ul style="list-style-type: none"> <li>Define influence.</li> <li>Identify what influences responsible decision making.</li> </ul>	<input type="checkbox"/> Influence Station Signs (see lesson) <input type="checkbox"/> Lesson also contains supplemental links for teachers (optional)
<b>Lesson 3</b> Reducing Our Carbon Footprint	<ul style="list-style-type: none"> <li>Understand the definition of “carbon footprint.”</li> <li>Identify ways they can shrink their carbon footprint by engaging in a challenge activity.</li> </ul>	<input type="checkbox"/> Simpleshow Explains the Carbon Footprint <a href="https://www.youtube.com/watch?v=8q7_aV8eLUE">https://www.youtube.com/watch?v=8q7_aV8eLUE</a> <input type="checkbox"/> Carbon Footprint Challenge worksheet (see lesson)
<b>Lesson 4</b> What is My Respons(ibility)?	<ul style="list-style-type: none"> <li>Determine appropriate and responsible responses to various situations.</li> </ul>	<input type="checkbox"/> “What is my Respons(ibility)” worksheet (see lesson)

## Unit Projects

Project Title	Project Overview	Materials Required
<b>Project 1</b> Tag, You’re It!	This project gives students an opportunity to “catch” others making responsible decisions and “tag” them. The project begins with just 5th graders in the class finishing the Responsibility Unit together, but then expands to include other kids (or even teachers/staff) in the school!	<input type="checkbox"/> Tag cut-outs (see project)
<b>Project 2</b> Responsibility Buddies	For this project, students will pair up with a younger student and help teach them about being responsible and persevering through challenges.	<input type="checkbox"/> N/A