

Integrity



Hello Parents and Guardians,

Welcome to Unit 4 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about INTEGRITY. Since this is a fairly new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE WILL EXPLORE	HOW YOU CAN HELP AT HOME
Honesty	<ul style="list-style-type: none">• Why is honesty the best policy?• What happens when we start to tell little lies?• How do these lies start to build on each other?	Talk with your child about the importance of always telling the truth, even when it is difficult. When we get into the habit of telling lies, adults start to trust us less and less.
Integrity	<ul style="list-style-type: none">• What is the connection between honesty and integrity?• How can we do what is right and kind in every situation?• How does cheating hurt us in the long run?	Talk with your child about the importance of being honest, even when no one is around. How can we practice integrity at home as well as at school?

Key activities we'll be doing:

- Examine integrity through a lens of kindness!
- Complete honesty role plays!
- Use clay to create lie snowballs!
- Complete a personal integrity inventory!

TRY THIS AT HOME!

Ask your student about the lie snowball. What did each layer represent? How did Lisa's initial lie build on itself? Discuss the importance of being honest from the start. However, it is never too late to stop the lie snowball and come clean with honesty!

If you have any questions about our Kindness in the Classroom lessons, please feel free to contact me at any time. We are on this kindness path together!

Sincerely,