



# Responsibility

**Sub-Concepts Covered: Self-discipline, Perseverance, Kindness**

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

This unit is the fifth of our six unit series. The goal is to explore responsibility and taking ownership for one’s actions. We will also be giving students strategies on how to make responsible choices that ultimately promote kindness to self, others, and our community. There is a heavy focus on personal ownership for behavior and how it affects others and the community at large, which may connect nicely with your social studies standards.

## Unit Objective

Students will:

- Define responsibility and self-discipline through both actions and words.
- Identify HOW to show responsibility at home, in school, and in the community.
- Draw connections between self-discipline, perseverance, and responsibility as it applies to their daily lives.
- Explain how to make responsible choices in a variety of settings.

## Student Introduction

Welcome to the Responsibility Unit! This unit focuses on responsibility and how we are responsible for many things, including ourselves, the spaces we share with others (like our classroom!), and the environment. We will talk about real-life situations that require us to make responsible choices to care for ourselves, others, our community, and our environment! We are going to focus on these main areas:

- Making responsible decisions regarding ourselves and our personal spaces
- Exploring how our actions often directly affect others
- Practicing kind and responsible choices without prompting

Let’s get started by focusing on personal responsibilities!

## Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
<b>Lesson 1</b> Ladder of Responsibility	<ul style="list-style-type: none"> <li>• Explain the difference between responsible and irresponsible actions.</li> <li>• Create a responsibility ladder that highlights personal responsibilities.</li> </ul>	<input type="checkbox"/> Ladder Handout (see Lesson) <input type="checkbox"/> Basic Art Supplies
<b>Lesson 2</b> Choosing Responsibly	<ul style="list-style-type: none"> <li>• Understand how their actions have consequences and affect others, even if they do not see it immediately.</li> <li>• Demonstrate the importance of choosing responsibility, even when it is hard.</li> </ul>	<input type="checkbox"/> Scenarios in the lesson
<b>Lesson 3</b> Going Green	<ul style="list-style-type: none"> <li>• Explain the concept of being green as a method to reduce waste.</li> <li>• Identify ways children can be responsible for the environment through personal actions.</li> </ul>	<input type="checkbox"/> Basic Art Supplies <input type="checkbox"/> Pack of Index Cards <input type="checkbox"/> “Miss Fox’s Class Goes Green” by Eileen Spinelli
<b>Lesson 4</b> Dots of Perseverance	<ul style="list-style-type: none"> <li>• Identify ways children can be responsible during difficult situations</li> <li>• Explore ways to persevere through an art project.</li> </ul>	<input type="checkbox"/> Butcher Paper <input type="checkbox"/> Markers <input type="checkbox"/> “The Dot” by Peter Reynolds

## Unit Projects

Project Title	Project Overview	Materials Required
<b>Project 1</b> Egg Babies	Personal responsibility is often limited to frequent daily tasks and chores at this age level. However, one fun way to explore the responsibilities that parents have is to practice taking care of an “egg baby”.	<input type="checkbox"/> 1 hard boiled egg for each student <input type="checkbox"/> Sharpie marker to write names on eggs <input type="checkbox"/> Materials to create egg pouches <input type="checkbox"/> Band-aids (optional)
<b>Project 2</b> Garden of Responsibility	This project uses science and garden skills to teach responsibility and perseverance through growing a flower and waiting for the beautiful results!	<input type="checkbox"/> Small plastic cups or paper egg cartons work <input type="checkbox"/> Potting soil + spoons for potting <input type="checkbox"/> Fast-growing seeds (zinnia, sunflower, beans, grass, and herbs like basil are quick sprouting) <input type="checkbox"/> Watering can or cup <input type="checkbox"/> Paper for tracking growth