

# Respect



Hello Parents and Guardians,

Welcome to Unit 1 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about RESPECT. Since this is still a fairly new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE WILL EXPLORE	HOW YOU CAN HELP AT HOME
<b>Self-Respect</b>	<ul style="list-style-type: none"><li>• How can we show ourselves respect?</li><li>• How do we treat ourselves with kindness?</li></ul>	Talk with your child about the importance of respecting yourself in everything you think, say, and do! Respect starts with YOU.
<b>Respect for Others</b>	<ul style="list-style-type: none"><li>• How do we treat our classmates, our family, our friends?</li><li>• How do our words and actions affect others?</li></ul>	Help your child look at how they use kind words and actions to show respect for others in their immediate world.
<b>Respect for Our School</b>	<ul style="list-style-type: none"><li>• How do we care for our classroom and the things in it?</li><li>• How do we show respect for our school?</li></ul>	Talk with your child about the importance of respecting school property, including school supplies, technology (like computers/tablets), and playground toys.

**Key activities we'll be doing:**

- Identify examples of self-respect using playdough!
- Create a self-care checklist!
- Work together to create towers of respect!
- Fill our classmates up with kindness!

**TRY THIS AT HOME!**

Be on the lookout for your child's "Self-Care" checklist they created. Invite them to adapt this concept for use at home as well. Encourage them to take ownership of themselves in a way that is appropriate for their skill level. Respect starts with ourselves rst!

**If you have any questions about our Kindness in the Classroom lessons, please feel free to contact me at any time. We are on this kindness path together!**

Sincerely,