



Responsibility

Sub-Concepts Covered: Self-discipline

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

This unit is the fifth of our six unit series. The goal is to explore responsibility and take ownership for one’s actions. We will also be giving students strategies on how to make responsible choices that ultimately promote kindness to self, others, and our community. There is a large focus on science and recycling within this unit, so you may be able to pair these lessons up with your core content.

Unit Objective

Students will:

- Define responsibility and self-discipline through both actions and words.
- Identify HOW to show responsibility at home and school.
- Draw connections between self-discipline and responsibility as it applies to their daily lives.

Student Introduction

We have arrived at the Responsibility Unit! Many of us may have heard this word before, but now it’s time to see how being responsible and making responsible choices help us to grow in kindness! We will learn about how we can show responsibility in our everyday choices AND in bigger choices that affect not only ourselves and others, but our community as well.

Let’s explore the concept of responsibility and how being responsible is also being kind!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 My Space	<ul style="list-style-type: none"> Identify ways to show responsibility to themselves Practice activities in the classroom that require responsibility to one's self 	<input type="checkbox"/> Paper folded in half <input type="checkbox"/> Basic Art Supplies <input type="checkbox"/> <i>I Just Forgot</i> by Mercer Mayer
Lesson 2 The Domino Effect	<ul style="list-style-type: none"> Develop a collaborative list of common ways/environments to show responsibility Use dominoes to demonstrate an understanding of one-to-one correspondence up to 15. 	<input type="checkbox"/> Dominoes (15 per pair/group)
Lesson 3 Feed the Birds	<ul style="list-style-type: none"> Identify ways children can be responsible for the environment through personal actions. Explore ways to be responsible by creating a sustainable bird feeder that can help local birds. 	<input type="checkbox"/> Pinecones (one per student or per student group) <input type="checkbox"/> Twine cut into 18- to 24-inch pieces (or longer depending on where you plan to hang the feeders) <input type="checkbox"/> Nutbutter or lard <input type="checkbox"/> Birdseed <input type="checkbox"/> Plastic knives or popsicle sticks for spreading butter <input type="checkbox"/> Paper plates, napkins <input type="checkbox"/> Paper cups if pre-filling nut butter or birdseed for each student (optional)
Lesson 4 Give Me Five!	<ul style="list-style-type: none"> Identify ways children can respond with kindness towards others in a variety of situations. Practice acts of kindness at school. 	<input type="checkbox"/> Basic Art Supplies <input type="checkbox"/> Scissors <input type="checkbox"/> Plain Paper

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Responsibility Chart	Students work with their family to make a personalized chore chart. In addition, the parent and child will create a step by step guide for one specific chore that the child is learning that the child can share in class.	<input type="checkbox"/> Letter to Parent/Guardian <input type="checkbox"/> Sample Chore Chart (see project) <input type="checkbox"/> Sample How-To-Guide (see project)
Project 2 Recycled Art	Students will recycle common everyday items to create a class designed piece of art.	<input type="checkbox"/> Recycled Items <input type="checkbox"/> Basic Art Supplies <input type="checkbox"/> String