



Inclusiveness

Sub-Concepts Covered: Fairness, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

This unit is the third of our six unit series. This unit focuses primarily on exploring inclusiveness through the lens of kindness by treating others fairly and including them. This unit also incorporates the idea of being special, unique, and one of a kind and why we can be proud of our differences.

Unit Objective

Students will:

- Define inclusiveness.
- Explain what it means to include others.
- Explore what it means to be fair.
- Understand the connection between kindness and inclusiveness.

Student Introduction

Welcome to our Inclusiveness unit! This word is a very long way to say “! Now that we have learned how to use respect and caring to create a kind classroom, we will explore different ways to use inclusiveness so that no one feels left out or alone. Let’s work together so that all of us feels included as we explore this new concept!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 “I am Special” Book	<ul style="list-style-type: none">• Identify ways that make them special both physically and emotionally.• Explain the importance of valuing others for what they bring to the classroom.• Demonstrate ways to include others that are different from themselves.	<input type="checkbox"/> “I Am Special” booklets (for each student and one completed by teacher) <input type="checkbox"/> Basic art supplies <input type="checkbox"/> Yarn <input type="checkbox"/> Scissors <input type="checkbox"/> Small envelope <input type="checkbox"/> Glue sticks

Lesson 2 Get Ready to Race	<ul style="list-style-type: none"> State the definition of inclusiveness. Implement the concept of inclusiveness through the completion of a team focused relay race. Demonstrate ways to include others that have different abilities. 	<input type="checkbox"/> Move It! Cards (see Lesson) <input type="checkbox"/> Large Piece of Paper
Lesson 3 Ask Permission	<ul style="list-style-type: none"> Demonstrate how to ask permission in new social situations. Practice fairness during a variety of group activities. Demonstrate inclusiveness through incorporating new friends as they approach a game or activity. 	<input type="checkbox"/> <i>Can I Play Too?</i> By Mo Willems (10 min) <input type="checkbox"/> Ask Permission Scenario Cards (see lesson)
Lesson 4 The Power of Kind Words	<ul style="list-style-type: none"> Explain the power of kind words and inclusiveness. Practice fairness through a science experiment. Demonstrate ways to include others that are different from themselves 	<input type="checkbox"/> 2 eggs <input type="checkbox"/> Large container of salt <input type="checkbox"/> 1 spoon <input type="checkbox"/> 2 clear cups filled halfway with water <input type="checkbox"/> Scientific Method Cards (one copy for each student and the teacher see lesson) <input type="checkbox"/> Sequencing page (one per student- see lesson) <input type="checkbox"/> Scissors <input type="checkbox"/> Glue sticks

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Welcome Party!	Students will work together to create a welcome party for the new teachers in their grade/school to help them feel more included in the school environment.	<input type="checkbox"/> Handmade invitations for all new staff <input type="checkbox"/> A large Welcome! sign (can make this in class) <input type="checkbox"/> Candy or snacks <input type="checkbox"/> Party favors including hats <input type="checkbox"/> Music for dancing- anything party related!
Project 2 A Piece of Our Puzzle	Students will highlight what makes them special on a unique puzzle piece to be added onto a bulletin board focused on inclusiveness.	<input type="checkbox"/> A large piece of posterboard, cut into puzzle pieces (one per person) <input type="checkbox"/> Art supplies (might think of joining art teacher for a wider variety), <input type="checkbox"/> Bulletin board supplies <input type="checkbox"/> Modge podge <input type="checkbox"/> A paintbrush