

Responsibility Unit

This Standards Map summarizes each of the standards met by all lessons within this unit. All **Kindness in the Classroom®** lesson plans have been mapped to the five CASEL Core Social Emotional Learning (SEL) Competencies, the Centers for Disease Control and Prevention's National Health Education Standards (NHES), and the national Common Core State Standards for English Language Arts & Literacy and Mathematics. Utilization and adoption of these national standards and competencies vary by state. Teachers can use this resource to align their own state standards with each lesson.

Lesson 1: Rules RULE!

CASEL	NHES	Common Core
Self-management Impulse control Self-discipline Self-motivation	Standard 1. Understanding concepts 1.5.2 - Identify examples of emotional, intellectual, physical, and social health.	English Language Arts Standards Speaking and Listening Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.5.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly. CCSS.ELA-LITERACY.SL.5.1.B Follow agreed-upon rules for discussions and carry out assigned roles. CCSS.ELA-LITERACY.SL.5.1.C Pose and respond to specific questions by making comments that contribute to the discussion and elaborate on the remarks of others.
Social awareness Perspective-taking	Standard 4. Interpersonal communication	
Relationship skills Communication	4.5.1 - Demonstrate effective verbal and nonverbal communication skills to enhance health.	
Responsible decision-making Analyzing situations Evaluating Reflecting Ethical responsibility	Standard 7. Practicing healthy behaviors 7.5.1 - Identify responsible personal health behaviors.	Language Conventions of Standard English: CCSS.ELA-LITERACY.L.5.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. Knowledge of Language: CCSS.ELA-LITERACY.L.5.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening. Vocabulary Acquisition and Use: CCSS.ELA-LITERACY.L.5.5 Demonstrate understanding of figurative language, word relationships, and nuances in word meanings.

Lesson 2: Our Greatest Influences

CASEL	NHES	Common Core
Self-awareness Accurate self-perception Recognizing strengths	Standard 1. Understanding concepts 1.5.1 - Describe the relationship between healthy behaviors and personal health. 1.5.2 - Identify examples of emotional, intellectual, physical, and social health.	English Language Arts Standards Speaking and Listening Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.5.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly. CCSS.ELA-LITERACY.SL.5.1.B Follow agreed-upon rules for discussions and carry out assigned roles. CCSS.ELA-LITERACY.SL.5.1.C Pose and respond to specific questions by making comments that contribute to the discussion and elaborate on the remarks of others. CCSS.ELA-LITERACY.SL.5.1.D Review the key ideas expressed and draw conclusions in light of information and knowledge gained from the discussions.
Self-management Impulse control Self-discipline Self-motivation		
Social awareness Perspective-taking	Standard 2. Analyzing influences 2.5.1 - Describe how family influences personal health practices and behaviors. 2.5.2 - Identify the influence of culture on health practices and behaviors. 2.5.3 - Identify how peers can influence healthy and unhealthy behaviors. 2.5.4 - Describe how the school and community can support personal health practices and behaviors. 2.5.5 - Explain how media influences thoughts, feelings, and health behaviors. 2.5.6 - Describe ways that technology can influence personal health.	
Relationship skills Communication Social engagement		
Responsible decision-making Analyzing situations Evaluating Reflecting Ethical responsibility	Standard 4. Interpersonal communication 4.5.1 - Demonstrate effective verbal and nonverbal communication skills to enhance health.	Language Conventions of Standard English: CCSS.ELA-LITERACY.L.5.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. Knowledge of Language: CCSS.ELA-LITERACY.L.5.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening. Vocabulary Acquisition and Use: CCSS.ELA-LITERACY.L.5.5 Demonstrate understanding of figurative language, word relationships, and nuances in word meanings.
	Standard 5. Decision-making 5.5.1 - Identify health-related situations that might require a thoughtful decision.	
	Standard 7. Practicing healthy behaviors 7.5.1 - Identify responsible personal health behaviors.	
	Standard 8. Advocating 8.5.1 - Express opinions and give accurate information about health issues.	

Lesson 3: Reducing our Carbon Footprint

CASEL	NHES	Common Core
Self-awareness Accurate self-perception Recognizing strengths Self-efficacy	Standard 1. Understanding concepts 1.5.2 - Identify examples of emotional, intellectual, physical, and social health.	English Language Arts Standards Reading: Foundational Skills Fluency: CCSS.ELA-LITERACY.RF.5.4 Read with sufficient accuracy and fluency to support comprehension.
Self-management Impulse control Self-discipline Self-motivation	Standard 2. Analyzing influences 2.5.1 - Describe how family influences personal health practices and behaviors. 2.5.2 - Identify the influence of culture on health practices and behaviors. 2.5.3 - Identify how peers can influence healthy and unhealthy behaviors. 2.5.4 - Describe how the school and community can support personal health practices and behaviors. 2.5.6 - Describe ways that technology can influence personal health.	Writing Text Types and Purposes: CCSS.ELA-LITERACY.W.5.1 Write opinion pieces on topics or texts, supporting a point of view with reasons and information. CCSS.ELA-LITERACY.W.5.2 Write informative/explanatory texts to examine a topic and convey ideas and information clearly.
Social awareness Perspective-taking Respect for others	Standard 4. Interpersonal communication 4.5.1 - Demonstrate effective verbal and nonverbal communication skills to enhance health.	Speaking and Listening Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.5.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly. CCSS.ELA-LITERACY.SL.5.1.B Follow agreed-upon rules for discussions and carry out assigned roles. CCSS.ELA-LITERACY.SL.5.1.C Pose and respond to specific questions by making comments that contribute to the discussion and elaborate on the remarks of others. CCSS.ELA-LITERACY.SL.5.1.D Review the key ideas expressed and draw conclusions in light of information and knowledge gained from the discussions.
Responsible decision-making Analyzing situations Evaluating Reflecting Ethical responsibility	Standard 5. Decision-making 5.5.1 - Identify health-related situations that might require a thoughtful decision. Standard 7. Practicing healthy behaviors 7.5.1 - Identify responsible personal health behaviors. Standard 8. Advocating 8.5.1 - Express opinions and give accurate information about health issues.	Language Conventions of Standard English: CCSS.ELA-LITERACY.L.5.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. CCSS.ELA-LITERACY.L.5.2 Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing. Knowledge of Language: CCSS.ELA-LITERACY.L.5.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening. Vocabulary Acquisition and Use: CCSS.ELA-LITERACY.L.5.5 Demonstrate understanding of figurative language, word relationships, and nuances in word meanings. CCSS.ELA-LITERACY.L.5.5.C Use the relationship between particular words (e.g., synonyms, antonyms, homographs) to better understand each of the words.

Lesson 4: What is my Respons(ibility)?

CASEL	NHES	Common Core
Self-awareness Identifying emotions	Standard 1. Understanding concepts 1.5.2 - Identify examples of emotional, intellectual, physical, and social health.	English Language Arts Standards Reading: Foundational Skills Fluency: CCSS.ELA-LITERACY.RF.5.4 Read with sufficient accuracy and fluency to support comprehension.
Self-management Impulse control Self-discipline		
Social awareness Perspective-taking Empathy Appreciating diversity Respect for others	Standard 2. Analyzing influences 2.5.5 - Explain how media influences thoughts, feelings, and health behaviors 2.5.6 - Describe ways that technology can influence personal health.	Writing Text Types and Purposes: CCSS.ELA-LITERACY.W.5.1 Write opinion pieces on topics or texts, supporting a point of view with reasons and information. CCSS.ELA-LITERACY.W.5.2 Write informative/explanatory texts to examine a topic and convey ideas and information clearly.
Relationship skills Communication Social engagement Relationship-building Teamwork	Standard 5. Decision-making 5.5.1 - Identify health-related situations that might require a thoughtful decision.	Speaking and Listening Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.5.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly. CCSS.ELA-LITERACY.SL.5.1.B Follow agreed-upon rules for discussions and carry out assigned roles. CCSS.ELA-LITERACY.SL.5.1.C Pose and respond to specific questions by making comments that contribute to the discussion and elaborate on the remarks of others. CCSS.ELA-LITERACY.SL.5.1.D Review the key ideas expressed and draw conclusions in light of information and knowledge gained from the discussions.
Responsible decision-making Analyzing situations Evaluating Reflecting Ethical responsibility	Standard 7. Practicing healthy behaviors 7.5.1 - Identify responsible personal health behaviors. Standard 8. Advocating 8.5.1 - Express opinions and give accurate information about health issues.	Language Conventions of Standard English: CCSS.ELA-LITERACY.L.5.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. CCSS.ELA-LITERACY.L.5.2 Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing. Knowledge of Language: CCSS.ELA-LITERACY.L.5.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening.



DESIGNATED BY CASEL
AS A RECOMMENDED
PROGRAM FOR SOCIAL
AND EMOTIONAL
LEARNING.

The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

<https://casel.org/guide/kindness-in-the-classroom/>