

Integrity Unit

This Standards Map summarizes each of the standards met by all lessons within this unit. All **Kindness in the Classroom®** lesson plans have been mapped to the five CASEL Core Social Emotional Learning (SEL) Competencies, the Centers for Disease Control and Prevention's National Health Education Standards (NHES), and the national Common Core State Standards for English Language Arts & Literacy and Mathematics. Utilization and adoption of these national standards and competencies vary by state. Teachers can use this resource to align their own state standards with each lesson.

Lesson 1: Defining Honesty and Integrity

CASEL	NHES	Common Core
Self-awareness Accurate self-perception	Standard 1. Understanding concepts 1.5.2 - Identify examples of emotional, intellectual, physical, and social health.	English Language Arts Standards Reading: Foundational Skills Fluency: CCSS.ELA-LITERACY.RF.5.4 Read with sufficient accuracy and fluency to support comprehension.
Self-management Impulse control Self-discipline Self-motivation	Standard 7. Practicing healthy behaviors 7.5.1 - Identify responsible personal health behaviors.	Writing Text Types and Purposes: CCSS.ELA-LITERACY.W.5.1 Write opinion pieces on topics or texts, supporting a point of view with reasons and information. CCSS.ELA-LITERACY.W.5.2 Write informative/explanatory texts to examine a topic and convey ideas and information clearly.
Social awareness Perspective-taking Empathy Appreciating diversity Respect for others	Standard 8. Advocating 8.5.1 - Express opinions and give accurate information about health issues.	Speaking and Listening Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.5.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly. CCSS.ELA-LITERACY.SL.5.1.B Follow agreed-upon rules for discussions and carry out assigned roles. CCSS.ELA-LITERACY.SL.5.1.C Pose and respond to specific questions by making comments that contribute to the discussion and elaborate on the remarks of others. CCSS.ELA-LITERACY.SL.5.1.D Review the key ideas expressed and draw conclusions in light of information and knowledge gained from the discussions.
Relationship skills Communication Social engagement Teamwork		Language Conventions of Standard English: CCSS.ELA-LITERACY.L.5.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. CCSS.ELA-LITERACY.L.5.2 Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing. Knowledge of Language: CCSS.ELA-LITERACY.L.5.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening. Vocabulary Acquisition and Use: CCSS.ELA-LITERACY.L.5.5 Demonstrate understanding of figurative language, word relationships, and nuances in word meanings. CCSS.ELA-LITERACY.L.5.5.C Use the relationship between particular words (e.g., synonyms, antonyms, homographs) to better understand each of the words.
Responsible decision-making Identifying problems Analyzing situations Solving problems Evaluating Reflecting Ethical responsibility		

Lesson 2: How Honest Are You?

CASEL	NHES	Common Core
Self-awareness Accurate self-perception	Standard 1. Understanding concepts 1.5.2 - Identify examples of emotional, intellectual, physical, and social health.	English Language Arts Standards Reading: Foundational Skills Fluency: CCSS.ELA-LITERACY.RF.5.4 Read with sufficient accuracy and fluency to support comprehension.
Self-management Impulse control Self-discipline Self-motivation	Standard 7. Practicing healthy behaviors 7.5.1 - Identify responsible personal health behaviors.	Speaking and Listening Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.5.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly. CCSS.ELA-LITERACY.SL.5.1.B Follow agreed-upon rules for discussions and carry out assigned roles. CCSS.ELA-LITERACY.SL.5.1.C Pose and respond to specific questions by making comments that contribute to the discussion and elaborate on the remarks of others. CCSS.ELA-LITERACY.SL.5.1.D Review the key ideas expressed and draw conclusions in light of information and knowledge gained from the discussions.
Relationship skills Communication Social engagement Teamwork		
Responsible decision-making Identifying problems Analyzing situations Solving problems Evaluating Reflecting Ethical responsibility		Language Conventions of Standard English: CCSS.ELA-LITERACY.L.5.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. Knowledge of Language: CCSS.ELA-LITERACY.L.5.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening. Vocabulary Acquisition and Use: CCSS.ELA-LITERACY.L.5.5 Demonstrate understanding of figurative language, word relationships, and nuances in word meanings.

Lesson 3: Body Check

CASEL	NHES	Common Core
Self-awareness Accurate self-perception	Standard 1. Understanding concepts 1.5.2 - Identify examples of emotional, intellectual, physical, and social health.	English Language Arts Standards Speaking and Listening Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.5.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly. CCSS.ELA-LITERACY.SL.5.1.B Follow agreed-upon rules for discussions and carry out assigned roles. CCSS.ELA-LITERACY.SL.5.1.C Pose and respond to specific questions by making comments that contribute to the discussion and elaborate on the remarks of others. CCSS.ELA-LITERACY.SL.5.1.D Review the key ideas expressed and draw conclusions in light of information and knowledge gained from the discussions.
Self-management Impulse control Self-discipline		
Social awareness Perspective-taking Respect for others	Standard 7. Practicing healthy behaviors 7.5.1 - Identify responsible personal health behaviors.	
Relationship skills Communication Social engagement Teamwork		
Responsible decision-making Identifying problems Analyzing situations Solving problems Evaluating Reflecting Ethical responsibility		Language Conventions of Standard English: CCSS.ELA-LITERACY.L.5.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. Knowledge of Language: CCSS.ELA-LITERACY.L.5.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening. Vocabulary Acquisition and Use: CCSS.ELA-LITERACY.L.5.5 Demonstrate understanding of figurative language, word relationships, and nuances in word meanings.

Lesson 4: Resisting Temptation

CASEL	NHES	Common Core
Self-awareness Accurate self-perception	Standard 1. Understanding concepts 1.5.2 - Identify examples of emotional, intellectual, physical, and social health.	English Language Arts Standards Speaking and Listening Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.5.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly. CCSS.ELA-LITERACY.SL.5.1.B Follow agreed-upon rules for discussions and carry out assigned roles. CCSS.ELA-LITERACY.SL.5.1.C Pose and respond to specific questions by making comments that contribute to the discussion and elaborate on the remarks of others. CCSS.ELA-LITERACY.SL.5.1.D Review the key ideas expressed and draw conclusions in light of information and knowledge gained from the discussions.
Self-management Impulse control Self-discipline Self-motivation		
Social awareness Perspective-taking Respect for others	Standard 7. Practicing healthy behaviors 7.5.1 - Identify responsible personal health behaviors.	
Relationship skills Communication Social engagement Teamwork	Standard 8. Advocating 8.5.2 - Encourage others to make positive health choices.	
Responsible decision-making Identifying problems Analyzing situations Solving problems Evaluating Reflecting Ethical responsibility		Language Conventions of Standard English: CCSS.ELA-LITERACY.L.5.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. Knowledge of Language: CCSS.ELA-LITERACY.L.5.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening. Vocabulary Acquisition and Use: CCSS.ELA-LITERACY.L.5.5 Demonstrate understanding of figurative language, word relationships, and nuances in word meanings.



The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

<https://casel.org/guide/kindness-in-the-classroom/>