



Responsibility

Sub-Concepts Covered: Self-Discipline, Perseverance, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

In the Responsibility Unit, students will have an opportunity to evaluate the different responsibilities they have and how they use self-discipline to manage and fulfill those responsibilities. They also evaluate what happens when they neglect their responsibilities; it is important to recognize how our actions (or inaction!) impacts other people. The unit also includes a lesson about environmental responsibility and how our actions can either positively or negatively impact the world around us.

Unit Objective

Students will:

- Identify personal responsibilities at school, home, and to self/with others.
- Examine the cause and effect relationship between fulfilling or neglecting our responsibilities.
- Evaluate how to be environmentally responsible at home and at school.
- Identify strategies for perseverance through responsibility and self-discipline.

Student Introduction

Welcome to the Responsibility Unit! In this unit you will evaluate all of the responsibilities that you have and how well you are fulfilling those responsibilities. Hopefully you find you are already really responsible, but if you find you have some improvements to make, we will work on finding strategies to help you be more responsible! We will also talk about what happens when we aren't responsible (there is a ripple effect!) and how we can take better care of the environment. This unit is packed with fun activities and important information!

- Responsibility and self-discipline
- How our responsibilities impact others
- Environmental responsibility

Let's get started with our first lesson!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 Responsibility Obstacle Course	<ul style="list-style-type: none"> Identify personal responsibilities. Develop strategies to help ensure students can stay on track and fulfill their responsibilities. 	<input type="checkbox"/> Paper <input type="checkbox"/> Writing utensil
Lesson 2 Responsibility Domino Effect	<ul style="list-style-type: none"> Examine the cause and effect relationship between fulfilling or neglecting our responsibilities. 	<input type="checkbox"/> Set of Dominoes (enough for one domino per student)
Lesson 3 Responsibility for the Environment	<ul style="list-style-type: none"> Evaluate how environmentally responsible they are at home and at school. Identify how well school spaces are using and conserving materials and resources. 	<input type="checkbox"/> Environmental Inventory worksheet <input type="checkbox"/> "I Choose to <i>Reduce, Reuse, Recycle</i> " by Elizabeth Estrada
Lesson 4 Setting SMART Goals	<ul style="list-style-type: none"> Analyze responsibility and perseverance through the lens of goal setting. 	<input type="checkbox"/> SMART Goal Planner (see lesson)

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Responsibility Egg Drop Challenge	For this project, students will work in small groups to design a case or "safe space" in which to place an egg with the idea that the egg will remain unbroken after being dropped in this case. The students' primary responsibility is to ensure the egg doesn't break upon landing.	<input type="checkbox"/> Egg (one for each student) <input type="checkbox"/> Misc. packing supplies for egg drop challenge (any materials are allowed)
Project 2 Responsibility Word Search	In this lesson, students will think of at least 10 words that represent the concept of responsibility and self-discipline. They will then create a word search out of these words and share with each other to complete. This project encourages students to "name" responsibility in new ways so they can more easily recognize what responsibility is and looks like in their everyday lives.	<input type="checkbox"/> Responsibility word search template (see project)