

Integrity



Sub-Concepts Covered: Honesty, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

In the Integrity Unit, students learn the value of acting and living with integrity. They will see real-life stories of integrity in action and get an opportunity to role-play stories about integrity and honesty. They will also complete a personal Integrity Inventory. The sub-concept in this unit is honesty, which is a familiar topic that will allow students to build towards a better understanding of integrity.

Unit Objective

Students will:

- Analyze integrity through the lens of kindness.
- Analyze integrity through the lens of honesty.
- Analyze personal integrity through a personal inventory.

Student Introduction

Welcome to the Integrity Unit! In this unit, you will get to see other kids in situations where they get to express their integrity through their words and actions. It is inspiring to see someone else act with integrity - being honest, working hard, choosing to do the right thing. Let this inspiration guide you in building your own ability to make good choices, be honest, persevere through challenges, and live a life of integrity!

- Making good choices
- Acting honestly
- Persevering through challenges
- Examining personal integrity levels

Let's get started with our first lesson!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 Integrity Through Kindness	<ul style="list-style-type: none"> Analyze integrity through the lens of kindness. 	<ul style="list-style-type: none"> Computer or speakers to play the podcast and/or video
Lesson 2 Integrity Through Honesty	<ul style="list-style-type: none"> Analyze integrity through the lens of honesty. 	<ul style="list-style-type: none"> Computer or speakers to play the videos
Lesson 3 The Lie Snowball	<ul style="list-style-type: none"> Utilize caring and kindness to develop honest alternatives to deceptive actions Practice showing honesty in social situations. Understand how to speak up when we have told a white lie 	<ul style="list-style-type: none"> White, Red, Blue, Green, and Yellow Clay/Playdough A plastic knife for each table "The Little White Lie" by Lisa Rose (see lesson)
Lesson 1 Personal Integrity Inventory	<ul style="list-style-type: none"> Reflect on personal integrity fulfillment. Identify strategies for integrity self-improvement. Connect the concept of integrity and accountability. 	<ul style="list-style-type: none"> Personal Integrity Inventory (see lesson)

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Integrity Billboards	This unit is about integrity and highlighted a number of stories from the website Pass it On. The lessons utilize videos, podcasts, and billboards to demonstrate positive messages related to integrity, kindness, honesty, and perseverance. In this project, students will develop their own "billboard" that they can put up in different parts of the school.	<ul style="list-style-type: none"> Large white paper or smaller poster-sized paper / brown or black paper to simulate the billboard frame and pole Markers Magazines for cut-outs Access to computers/printers if allowing students to locate images or other information
Project 2 Honesty Bookmarks	This project gives students an opportunity to offer encouragement to others and share examples of what honesty looks like through student-designed bookmarks they will put in books in the school library and/or give to building teachers and staff.	<ul style="list-style-type: none"> Bookmark cut out (see attached) Markers or other coloring media Ribbon or yarn if you want students to put a tassel on their bookmarks