

# Responsibility Unit

This Standards Map summarizes each of the standards met by all lessons within this unit. All **Kindness in the Classroom®** lesson plans have been mapped to the five CASEL Core Social Emotional Learning (SEL) Competencies, the Centers for Disease Control and Prevention's National Health Education Standards (NHES), and the national Common Core State Standards for English Language Arts & Literacy and Mathematics. Utilization and adoption of these national standards and competencies vary by state. Teachers can use this resource to align their own state standards with each lesson.

## Lesson 1: Ladder of Responsibility

CASEL	NHES	Common Core
<b>Self-management</b> Impulse control Self-discipline Self-motivation	<b>Standard 1. Understanding concepts</b> 1.5.2 - Identify examples of emotional, intellectual, physical, and social health.	<b>English Language Arts Standards Writing</b> <b>Text Types and Purposes:</b> CCSS.ELA-LITERACY.W.3.2 Write informative/explanatory texts to examine a topic and convey ideas and information clearly.
<b>Social awareness</b> Perspective-taking Respect for others	<b>Standard 4. Interpersonal communication</b> 4.5.1 - Demonstrate effective verbal and nonverbal communication skills to enhance health.	<b>Speaking &amp; Listening</b> <b>Comprehension and Collaboration:</b> CCSS.ELA-LITERACY.SL.3.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly.
<b>Relationship skills</b> Communication	<b>Standard 5. Decision-making</b> 5.5.1 - Identify health-related situations that might require a thoughtful decision.	CCSS.ELA-LITERACY.SL.3.1.B Follow agreed-upon rules for discussions (e.g., gaining the floor in respectful ways, listening to others with care, speaking one at a time about the topics and texts under discussion).
<b>Responsible decision-making</b> Analyzing situations Evaluating Reflecting Ethical responsibility	<b>Standard 7. Practicing healthy behaviors</b> 7.5.1 - Identify responsible personal health behaviors.	CCSS.ELA-LITERACY.SL.3.1.C Ask questions to check understanding of information presented, stay on topic, and link their comments to the remarks of others. CCSS.ELA-LITERACY.SL.3.1.D Explain their own ideas and understanding in light of the discussion. CCSS.ELA-LITERACY.SL.3.2 Determine the main ideas and supporting details of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally. CCSS.ELA-LITERACY.SL.3.3 Ask and answer questions about information from a speaker, offering appropriate elaboration and detail. <b>Presentation of Knowledge and Ideas:</b> CCSS.ELA-LITERACY.SL.3.6 Speak in complete sentences when appropriate to task and situation in order to provide requested detail or clarification.

**Language****Conventions of Standard English:**

CCSS.ELA-LITERACY.L.3.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

CCSS.ELA-LITERACY.L.3.2

Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.

**Knowledge of Language:**

CCSS.ELA-LITERACY.L.3.3

Use knowledge of language and its conventions when writing, speaking, reading, or listening.

**Vocabulary Acquisition and Use:**

CCSS.ELA-LITERACY.L.3.5

Demonstrate understanding of figurative language, word relationships and nuances in word meanings.

CCSS.ELA-LITERACY.L.3.5.B

Identify real-life connections between words and their use (e.g., describe people who are friendly or helpful).

## Lesson 2: Choosing Responsibility

CASEL	NHES	Common Core
<b>Self-management</b> Impulse control Self-discipline Self-motivation	<b>Standard 1. Understanding concepts</b> 1.5.2 - Identify examples of emotional, intellectual, physical, and social health.	<b>English Language Arts Standards Speaking &amp; Listening Comprehension and Collaboration:</b> CCSS.ELA-LITERACY.SL.3.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly. CCSS.ELA-LITERACY.SL.3.1.B Follow agreed-upon rules for discussions (e.g., gaining the floor in respectful ways, listening to others with care, speaking one at a time about the topics and texts under discussion). CCSS.ELA-LITERACY.SL.3.1.C Ask questions to check understanding of information presented, stay on topic, and link their comments to the remarks of others. CCSS.ELA-LITERACY.SL.3.1.D Explain their own ideas and understanding in light of the discussion. CCSS.ELA-LITERACY.SL.3.2 Determine the main ideas and supporting details of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally. CCSS.ELA-LITERACY.SL.3.3 Ask and answer questions about information from a speaker, offering appropriate elaboration and detail. <b>Presentation of Knowledge and Ideas:</b> CCSS.ELA-LITERACY.SL.3.4 Report on a topic or text, tell a story, or recount an experience with appropriate facts and relevant, descriptive details, speaking clearly at an understandable pace. CCSS.ELA-LITERACY.SL.3.6 Speak in complete sentences when appropriate to task and situation in order to provide requested detail or clarification.
<b>Social awareness</b> Perspective-taking Respect for others	<b>Standard 4. Interpersonal communication</b> 4.5.1 - Demonstrate effective verbal and nonverbal communication skills to enhance health.	
<b>Relationship skills</b> Communication Social engagement Teamwork	<b>Standard 5. Decision-making</b> 5.5.1 - Identify health-related situations that might require a thoughtful decision.	
<b>Responsible decision-making</b> Analyzing situations Evaluating Reflecting Ethical responsibility	<b>Standard 7. Practicing healthy behaviors</b> 7.5.1 - Identify responsible personal health behaviors.	<b>Language</b> <b>Conventions of Standard English:</b> CCSS.ELA-LITERACY.L.3.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. <b>Knowledge of Language:</b> CCSS.ELA-LITERACY.L.3.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening. <b>Vocabulary Acquisition and Use:</b> CCSS.ELA-LITERACY.L.3.5 Identify real-life connections between words and their use (e.g., describe people who are friendly or helpful).

## Lesson 3: Going Green

CASEL	NHES	Common Core
<b>Self-management</b> Self-discipline Goal-setting	<b>Standard 1. Understanding concepts</b> 1.5.2 - Identify examples of emotional, intellectual, physical, and social health. 1.5.3- Describe ways in which safe and healthy school and community environments can promote personal health.	<b>English Language Arts Standards</b> <b>Reading: Literature</b> <b>Key Ideas and Details:</b> CCSS.ELA-LITERACY.RL.3.1 Ask and answer questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers.
<b>Social awareness</b> Perspective-taking Respect for others	<b>Standard 4. Interpersonal communication</b> 4.5.1 - Demonstrate effective verbal and nonverbal communication skills to enhance health.	<b>Writing</b> <b>Text Types and Purposes:</b> CCSS.ELA-LITERACY.W.3.2 Write informative/explanatory texts to examine a topic and convey ideas and information clearly. CCSS.ELA-LITERACY.W.3.2.A Introduce a topic and group related information together; include illustrations when useful to aiding comprehension.
<b>Responsible decision-making</b> Identifying problems Analyzing situations Solving problems Evaluating Reflecting Ethical responsibility	<b>Standard 5. Decision-making</b> 5.5.1 - Identify health-related situations that might require a thoughtful decision. 5.5.3 - List healthy options to health-related issues or problems. 5.5.5 - Choose a healthy option when making a decision.  <b>Standard 7. Practicing healthy behaviors</b> 7.5.1 - Identify responsible personal health behaviors.	<b>Speaking &amp; Listening</b> <b>Comprehension and Collaboration:</b> CCSS.ELA-LITERACY.SL.3.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly. CCSS.ELA-LITERACY.SL.3.1.B Follow agreed-upon rules for discussions (e.g., gaining the floor in respectful ways, listening to others with care, speaking one at a time about the topics and texts under discussion). CCSS.ELA-LITERACY.SL.3.1.C Ask questions to check understanding of information presented, stay on topic, and link their comments to the remarks of others. CCSS.ELA-LITERACY.SL.3.1.D Explain their own ideas and understanding in light of the discussion. CCSS.ELA-LITERACY.SL.3.2 Determine the main ideas and supporting details of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally. CCSS.ELA-LITERACY.SL.3.3 Ask and answer questions about information from a speaker, offering appropriate elaboration and detail. <b>Presentation of Knowledge and Ideas:</b> CCSS.ELA-LITERACY.SL.3.6 Speak in complete sentences when appropriate to task and situation in order to provide requested detail or clarification.

### RANDOM ACTS OF KINDNESS FOUNDATION®

## Lesson 4: Dots of Responsibility

CASEL	NHES	Common Core
<b>Self-management</b> Self-discipline Self-motivation	<b>Standard 1. Understanding concepts</b> 1.5.2 - Identify examples of emotional, intellectual, physical, and social health.	<b>English Language Arts Standards Speaking &amp; Listening</b> <b>Comprehension and Collaboration:</b> CCSS.ELA-LITERACY.SL.3.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly. CCSS.ELA-LITERACY.SL.3.1.B Follow agreed-upon rules for discussions (e.g., gaining the floor in respectful ways, listening to others with care, speaking one at a time about the topics and texts under discussion). CCSS.ELA-LITERACY.SL.3.1.C Ask questions to check understanding of information presented, stay on topic, and link their comments to the remarks of others. CCSS.ELA-LITERACY.SL.3.1.D Explain their own ideas and understanding in light of the discussion. CCSS.ELA-LITERACY.SL.3.2 Determine the main ideas and supporting details of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally. CCSS.ELA-LITERACY.SL.3.3 Ask and answer questions about information from a speaker, offering appropriate elaboration and detail.
<b>Social awareness</b> Perspective-taking Respect for others		
<b>Relationship skills</b> Communication Social engagement Teamwork	<b>Standard 5. Decision-making</b> 5.5.1 - Identify health-related situations that might require a thoughtful decision.	
<b>Responsible decision-making</b> Analyzing situations Evaluating Reflecting Ethical responsibility	<b>Standard 7. Practicing healthy behaviors</b> 7.5.1 - Identify responsible personal health behaviors.	<b>Language</b> <b>Conventions of Standard English:</b> CCSS.ELA-LITERACY.L.3.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. <b>Knowledge of Language:</b> CCSS.ELA-LITERACY.L.3.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening. <b>Vocabulary Acquisition and Use:</b> CCSS.ELA-LITERACY.L.3.5 Demonstrate understanding of figurative language, word relationships and nuances in word meanings. CCSS.ELA-LITERACY.L.3.5.B Identify real-life connections between words and their use (e.g., describe people who are friendly or helpful).



The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

<https://casel.org/guide/kindness-in-the-classroom/>

## RANDOM ACTS OF KINDNESS FOUNDATION®