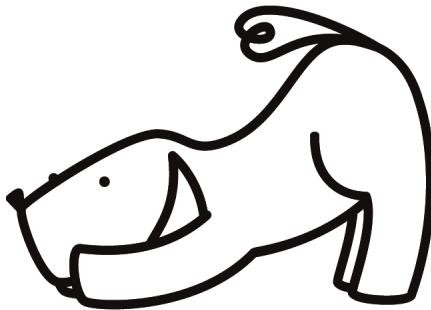


Respect



Sub-Concepts Covered: Self-Care, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

Welcome to the new school year! This is our first unit out of six that we will cover this year. There are four lessons and two projects in every unit. The focus of this Respect Unit is on students learning how to respect themselves, others, and their community. Lessons will allow students to explore self care, respectful communication, and problem solving.

Unit Objective

Students will:

- Learn how to show respect to others both in the classroom and at home.
- Demonstrate how to use respectful communication with others.
- Work respectfully during both independent and work related activities.

Student Introduction

Welcome to our new school year! We are going to take these first few weeks to explore the concept of Respect. This means we think about how our words and actions affect our friends, our families, and anyone else we meet up with in our day. It's so important to treat others with kindness and respect, even when we might not agree with what they are saying or doing. To help us learn how to do this, we are going to explore these areas:

- Respecting ourselves, others, and our community!
- Using respectful words in our conversations!
- Practicing kind ways to problem solve during difficult times!

Let's dive deeper and explore Respect!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 Respect Fortune Tellers	<ul style="list-style-type: none"> Identify the three levels of respect exercised each day at school. Demonstrate concrete methods for practicing Self-Respect, Respect for Others, and Respect within the School. 	<input type="checkbox"/> Paper <input type="checkbox"/> Scissors <input type="checkbox"/> Pencils
Lesson 2 Treat Myself with Respect	<ul style="list-style-type: none"> Explain how self-care demonstrates respect for oneself. Identify ways they can treat themselves with kindness and respect. 	<input type="checkbox"/> Cardboard or Cardstock for each student <input type="checkbox"/> Magazines or printed images <input type="checkbox"/> Glue sticks <input type="checkbox"/> Scissors <input type="checkbox"/> Basic Art Supplies <input type="checkbox"/> “My Morning Routine” by Estee Santoni
Lesson 3 Time Out	<ul style="list-style-type: none"> Develop interpersonal skills used in conflict resolution and teamwork. Persevere by expending additional effort and seeking help from others. Recognize that listening is an important part of resolving conflict 	<input type="checkbox"/> Internet Access for video: https://www.passiton.com/inspirational-stories-tv-spots/121-timeout <input type="checkbox"/> Large Screen to view video clip
Lesson 4 Building a Respectful Community	<ul style="list-style-type: none"> Examine their community for opportunities to show respect throughout their day to day lives. Explain how to show respect in a variety of contexts within their local community. 	<input type="checkbox"/> Legos (Can use clay as an alternative) <input type="checkbox"/> Cups or Bowls

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Respect Guidebook	Students will create a “respect guidebook” that you can refer to throughout the year and showcase to parents and administrators during conferences or share with new students who join your class.	<input type="checkbox"/> Basic art supplies <input type="checkbox"/> Construction paper <input type="checkbox"/> Glue
Project 2 What Does Respect Look Like? Bulletin Board	This interactive bulletin board gives teachers and students an opportunity to answer the question, “What does respect look like?”	<input type="checkbox"/> Basic Bulletin Board supplies <input type="checkbox"/> 1 box of tacks <input type="checkbox"/> Index cards <input type="checkbox"/> A pocket (can be made with construction paper) <input type="checkbox"/> 2 markers or pens for writing/drawing