

Respect Fortune Tellers

This is the initial lesson in the Respect Unit. In addition, it is the very first lesson for the school year. It reviews the three tiers of respect: self-respect, respect for others, and respect for our community. Students will work in pairs to create respect catchers (also referred to as paper fortune tellers) as a fun way to identify ways to show respect in various settings.

Kindness Sub-Concept(s)

Self-respect, Kindness

Lesson Timeframe

45 minutes

Required Materials

- Paper
- Scissors
- Pencils

Standards Map

This lesson aligns with CASEL Competencies, National Health Education Standards, and Common Core State Standards. Please refer to the [Standards Map](#) for more information.

Lesson Objective

Students will:

- Identify the three levels of respect exercised each day at school.
- Demonstrate concrete methods for practicing Self-Respect, Respect for Others, and Respect within the School.

Teacher Connection/Self-Care

Self-care matters! Fill up that water bottle before your students arrive today.

Tips for Diverse Learners

- Draw simple pictures next to words that show self-respect to help English Language Learners connect better during the discussion
- Pair students up with varying abilities as they complete the craft portion of the activity
- Allow students to draw pictures on their craft to represent the different types of respect if written skills are not fully developed.

**Share**

3-5 minutes

Gather your class together in your community/morning meeting area. As a class, answer the following question:

- What is one thing you did independently this morning to get ready for school?

This is a terrific example of how we naturally show **respect** to ourselves! The Random Acts of Kindness definition for respect is: *Treating people, places, and things with kindness*. Remind students that Respect allows us to learn, enjoy our time together, and feel safe in our classroom. Respect helps us show kindness to ourselves, to others, and to our school every single day.

As we start our school year together, we will be exploring respect for ourselves, others, and our community.



Inspire

7-10 minutes

3 levels of Respect

Explain the following 3 levels of respect for your classroom. Make sure you allow time for the students to identify examples within each category as well. You may wish to write them on the board as well.

- **Self-Respect:** Respect starts with yourself! Being kind and respectful to your body and mind will help you feel happy and be ready to show that same level of respect toward others when you come to school. (Examples include getting ready for school, remembering homework, etc.)
- **Respect for Others:** Think about how you treat others. When you respect them and show them kindness, they enjoy your company and want to spend more time with you! (Examples include using kind words/gestures, not bullying, helping others, respecting boundaries, etc.)
- **Respect for Our Community:** Your behavior in our school, at the park, and even at the grocery store can also show respect. The way you treat our space, the things we use each day, and our equipment and toys during recess can all demonstrate kindness for our community.

Respect extends beyond our school as well. Our community relies on our respect to keep it a clean and safe place to live. (Examples include not littering, putting carts away at the store, reporting graffiti, etc.)

This framework can be used as the backbone of your classroom rules if desired.



Empower

15-20 minutes

Students will apply their understanding of the 3 levels of respect by creating a paper fortune teller (also called a cootie catcher) that provides concrete examples of how someone can demonstrate each tier within their lives.

Step 1:

Divide the class up into pairs (3 students is permitted if you do not have an even number of students)

Step 2:

Demonstrate how to make a fortune teller. Here is a link to a video to show to the class if possible. <https://www.youtube.com/watch?v=SAhillTxUYA>
Written instructions are provided below as well.

Step 3:

Once the pair has created their fortune teller, have them label the four outside parts with the following:

- Self- Respect
- Respect for Others
- Respect for Our Community
- Respect

RANDOM ACTS OF KINDNESS FOUNDATION®

On the inside, divide the paper into 8 sections and label them with the numbers 1-8. Note: if you want to add connections to math or reading here, you could label the sections with new spelling words or math problems instead

Under each flap (there are 8 total), write one question about respect. Students can use the following (or come up with variations if teacher approved)

1. How can you show Self- Respect in school?
2. How did you show self-respect today?
3. How can you show Respect to Others at school?
4. How can you show Respect to Others in your home?
5. How can you show Respect to our School Community?
6. How can you show Respect to our Community when you are grocery shopping?
7. What are the three types of Respect?
8. Which type of Respect is the hardest and why?

If students struggle to write small, they can abbreviate each question with the bolded sections or by using a picture as needed.

Step 4:

Play! Allow students to play the game with each other for 5-7 minutes. Make sure to interact with several pairs to provide answers as well!

Reflect



5 minutes

When the class returns, take time to review the 3 levels of respect. Draw a chart with three sections on the board and ask the class to provide examples of each type of respect based on the answers they gave during the fortune teller game.

- If time allows, you can use this activity as a springboard to create your classroom rules.

Extension Ideas

This lesson can easily be extended throughout the entire first week of school to establish your classroom rules and expectations. Here are some ways to continue the conversation.

- During the self-respect section, talk about the importance of coming prepared for school, taking care of your belongings and bringing a coat/hat during the cooler days.
- During the Respect for Others section, introduce your quiet area/corner if you have one. Go over the expectations within this area and the rules for accessing it.
- During the Respect for Community section, introduce any school-wide programs that might tie into this topic. Students in this age group are eager to begin helping out on a larger scale with and without the teacher.



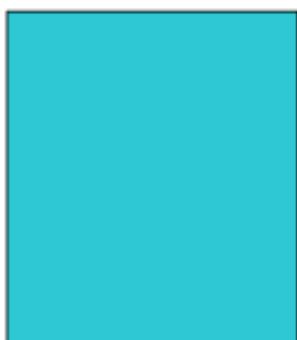
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AS A RECOMMENDED
PROGRAM FOR SOCIAL
AND EMOTIONAL
LEARNING.

The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

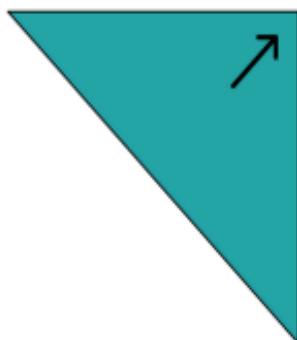
Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

<https://casel.org/guide/kindness-in-the-classroom/>

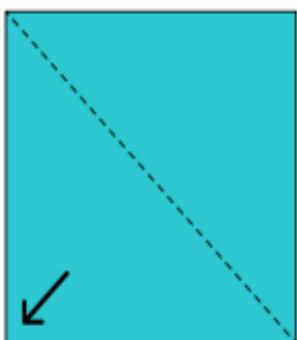
Fortune Teller Instructions



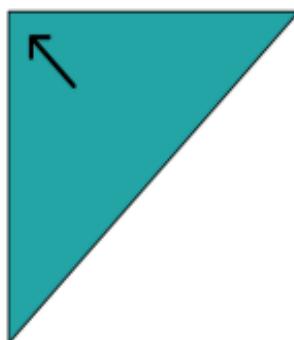
Take a square of paper



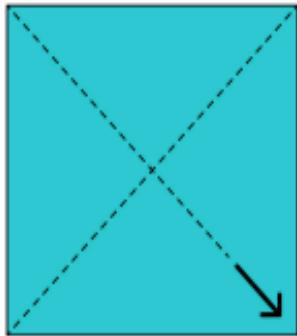
Fold it over like this



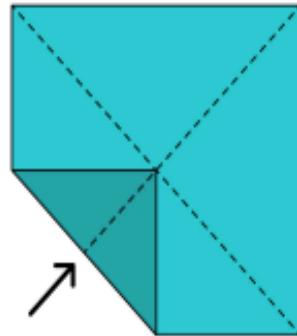
Then unfold it



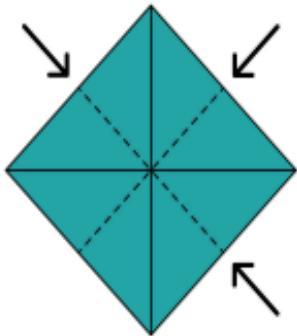
Now fold it the other way



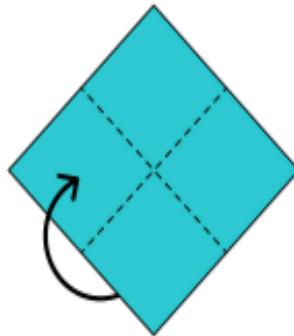
Unfold it and it should look like this



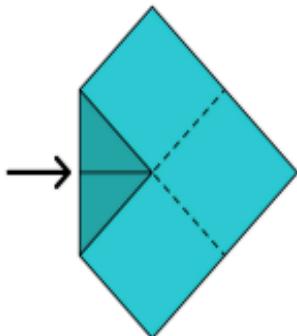
Fold all 4 corners to the center of the square



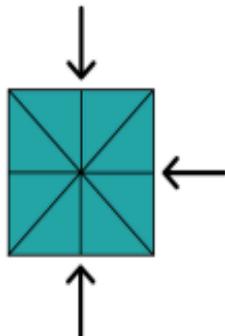
Your paper should look like this now



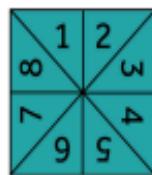
Flip your paper over so the folds you just made are turned down.



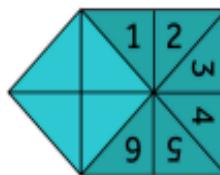
Fold the corners to the center again.



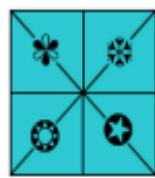
Fold the other three corners to the center



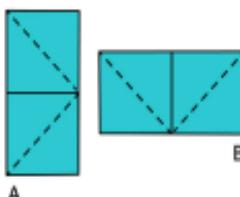
Write the numbers 1-8 as shown above—two on each flap.



Open each flap and write a fun fortune under each—four total.



Flip your paper over and draw an object or color you can spell



(A) Fold the whole paper sideways, then unfold it. (B) Now fold it up as shown.



Open the bottom and put your fingers in each of the four openings.



Your fortune teller should look like this when finished.