



Inclusiveness

Sub-Concepts Covered: Fairness, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by-step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

The Inclusiveness Unit is our third unit out of the six unit series. The focus in our Inclusiveness Unit is on exploring ways to include others through kindness, regardless of differences. This unit allows students the opportunity to practice the concepts of kindness, respect, and caring through tangible activities that are teacher guided. Lessons are geared towards both past concept application and exploration around what makes each person special, how we can honor each person's uniqueness, and including others that may be different from you.

Unit Objective

Students will:

- Review the concepts of respect and caring.
- Highlight similarities regardless of preconceived notions of differences.
- Explore the difference between fair and equal.
- Understand the relationship between kindness and inclusiveness.

Student Introduction

We have spent the first two units expanding on respect and caring in our classroom as well as in our community. It is now time to take these skills and explore inclusiveness and how we can include others. When we include others in what we are doing and treat them kindly, we are practicing inclusiveness! We will also celebrate what makes each of us special and what makes others special as well. Even though we are different, we can all be included! We will be learning about these main topics:

- What makes each of us special in our own unique way!
- Using kindness to include others every day!
- Practicing cooperation as a method of including others!

Let's start by learning about our special and unique qualities as a class!

RANDOM ACTS OF KINDNESS
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Unit Lessons

| Lesson Title | Lesson Objectives | Materials Required |
|--|--|--|
| Lesson 1 Who Am I? | <ul style="list-style-type: none"> Identify their talents, strengths, dreams, and areas they want to improve or develop further. Use inclusiveness to build trust with their partner and create an inviting space for sharing personal thoughts and feelings. | <input type="checkbox"/> Who Am I? handout (see lesson) <input type="checkbox"/> Pencils <input type="checkbox"/> Child Outline |
| Lesson 2 Who Are You? | <ul style="list-style-type: none"> Recognize talents and strengths in fellow classmates. Use inclusiveness to include every student within the room in some capacity during the bingo game. | <input type="checkbox"/> Bingo Cards <input type="checkbox"/> Pencils |
| Lesson 3 Finding Common Ground | <ul style="list-style-type: none"> Express their individuality through a personalized creation. Incorporate inclusiveness within the classroom by highlighting similarities with others. Explain different ways to find common ground with others in our community. | <input type="checkbox"/> Pipe Cleaners |
| Lesson 4 Fair vs. Equal | <ul style="list-style-type: none"> Explore the concepts of fairness and equality through literature. Explain examples of fairness and equality within the classroom. | <input type="checkbox"/> Two glasses - one tall, one short <input type="checkbox"/> Water (1 c. or amount as determined by teacher) <input type="checkbox"/> "Fair is Fair" by Sonny Varela https://www.youtube.com/watch?v=kVqZzLN9eQU |

Unit Projects

| Project Title | Project Overview | Materials Required |
|--------------------------------------|--|---|
| Project 1 Compliment Cards | The class will create compliment cards for those in our school that might get overlooked. | <input type="checkbox"/> Compliment Cards (one per student, see project) <input type="checkbox"/> Basic art supplies |
| Project 2 Kindness Jar | This project focuses on highlighting kindness in each individual in the class (yes, even you, the teacher!) by the creation of a kindness jar. | <input type="checkbox"/> Small pieces of paper <input type="checkbox"/> Pencils <input type="checkbox"/> Clear jar <input type="checkbox"/> Glue |