

Kindness Klips

This project is a fun and unique way for your class to spread kindness to each other by showering them with compliments! Each student will be honored during the upcoming week by standing at the front of the class while each person in the class comes up and writes one kind thing about them around their “frame”.

Courage Sub-Concept(s)

Vulnerability, Kindness

Project Timeframe

25-30 minutes

Required Materials

- Small strips of paper
- 1 balloon for each student (and teacher!)
- Tacks
- Basic bulletin board supplies
- Camera and printer (optional)

Instructions:

1. Write each student's and teacher's names down on a piece of paper and place each of them inside a balloon. Blow up the balloons and tack them to your bulletin board. In the middle of the board, add the phrase “Kindness Klips” and a picture frame.
2. Each day this week/month, select 1-4 students by popping the balloons. Whichever names come out will head to the front of the class. Note: if you have more than one student, each student should come up individually.
3. Draw a simple frame on the whiteboard behind the student.
4. Each student and teacher will come up and write one kind thing about the student somewhere on the outside of the frame.
5. The teacher will take a picture for the student.
6. Encourage the student to turn around and read all of the kind words they just received!

If you have a camera and printer available, take a picture and print it out for the students to take home if desired or give them their frame at the end of the year.



The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

<https://casel.org/guide/kindness-in-the-classroom/>