

Integrity



Sub-Concepts Covered: Perseverance, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

The Integrity Unit is our fourth unit in a series of six. It focuses primarily on giving students strategies to help them make honest choices and to persevere through challenging situations. We also talk a little bit about what a reputation is and how we can be people of good character and good reputation through the choices we make and actions we take. As with other units, we hope to connect the concepts in this unit back to kindness, which is integral throughout the series.

Unit Objective

Students will:

- Review the primary themes from previous units: caring, kindness, inclusiveness, and fairness.
- Define honesty, dishonesty, and reputation.
- Utilize caring and kindness to develop honest alternatives to deceptive actions.
- Identify strategies that help people persevere through challenges.
- Work as a team.

Student Introduction

Welcome to the Integrity Unit! Over the next few weeks, we are going to build some superpowers around integrity, which means we show others we know how to make good, honest choices and that we can work hard even if we are in a difficult situation! We will talk about real-life situations where we have choices to make and even play a game you might already be familiar with - Chutes and Ladders (with a twist!). We are going to focus on these important areas:

- Making honest choices!
- Working hard - persevering - through challenging situations!
- Showing respect to others by being truthful!
- Building good reputations through our kind words and behaviors!

Let's get started with our first lesson!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 The Lie Cover-up	<ul style="list-style-type: none"> • Demonstrate integrity through a math exercise. • Explain how being honest helps others trust you. 	<ul style="list-style-type: none"> ❑ Large bowl filled with water ❑ 1 quarter (teacher only) ❑ 1 penny for each student ❑ <i>Hippo Owns Up</i> by Sue Graves
Lesson 2 Integrity with Tech	<ul style="list-style-type: none"> • Determine how to be honest when we make mistakes regarding the use of technology. • Evaluate the effects of our decisions to either be honest or dishonest. 	<ul style="list-style-type: none"> ❑ For teachers: A Quick History of Accidental Online Purchases
Lesson 3 What Would You Do?	<ul style="list-style-type: none"> • Utilize caring and kindness to develop honest alternatives to deceptive actions. • Identify strategies that help people persevere through challenges. • Work as a team to complete a small group game. 	<ul style="list-style-type: none"> ❑ Slides and Ladders board game (multiple games if there are many students; it could be challenging to have more than three groups of 3 or 4 playing on one board). See attached for a printable game board. ❑ “Situation” cards - one deck per game. See cards below; create more if necessary. ❑ A button or other small object
Lesson 4 Look For The Helpers	<ul style="list-style-type: none"> • Recognize situations where helpers are needed. • Identify the connection among integrity, helpfulness, and kindness. 	<ul style="list-style-type: none"> ❑ For teacher prep: Here is a short interview snippet of Fred Rogers talking about looking for the helpers: https://www.youtube.com/watch?v=-LGHtc_D328

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Recipe for Integrity	This project allows students to conceptualize integrity using a “recipe” as a way to explain it. Students will make meat and cheese sandwiches and create an Integrity recipe card illustrating what each ingredient represents.	<ul style="list-style-type: none"> ❑ 1-2 loaves of bread (enough for every student to make a sandwich) ❑ 1 piece of meat per student ❑ 1 piece of cheese per student ❑ 1 packet mayo or mustard per student ❑ 1 roll of paper towels ❑ Optional- plastic knives ❑ Recipe Cards for students (see project)
Project 2 Thank You for Helping	Students will create thank you notes for community members that show integrity within the community at large.	<ul style="list-style-type: none"> ❑ Thank you card template (see project) ❑ Markers ❑ Black/white board