

# Respect Unit

This Standards Map summarizes each of the standards met by all lessons within this unit. All **Kindness in the Classroom®** lesson plans have been mapped to the five CASEL Core Social Emotional Learning (SEL) Competencies, the Centers for Disease Control and Prevention's National Health Education Standards (NHES), and the national Common Core State Standards for English Language Arts & Literacy and Mathematics. Utilization and adoption of these national standards and competencies vary by state. Teachers can use this resource to align their own state standards with each lesson.

## Lesson 1: Choosing Respect

CASEL	NHES	Common Core
<b>Self-management</b> Impulse control Self-discipline Self-motivation	<b>Standard 1. Understanding concepts</b> 1.2.1 - Identify that healthy behaviors impact personal health. 1.2.2 - Recognize that there are multiple dimensions of health.	<b>English Language Arts Standards Speaking &amp; Listening</b> <b>Comprehension and Collaboration:</b> CCSS.ELA-LITERACY.SL.1.1 Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups. CCSS.ELA-LITERACY.SL.1.1.A Follow agreed-upon rules for discussions (e.g., listening to others with care, speaking one at a time about the topics and texts under discussion). CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media. CCSS.ELA-LITERACY.SL.1.3 Ask and answer questions about what a speaker says in order to gather additional information or clarify something that is not understood. <b>Presentation of Knowledge and Ideas:</b> CCSS.ELA-LITERACY.SL.1.4 Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly. CCSS.ELA-LITERACY.SL.1.5 Add drawings or other visual displays to descriptions when appropriate to clarify ideas, thoughts, and feelings.
<b>Social awareness</b> Perspective-taking Respect for others	<b>Standard 4. Interpersonal communication</b> 4.2.1 - Demonstrate healthy ways to express needs, wants, and feelings. 4.2.2 - Demonstrate listening skills to enhance health.	
<b>Relationship skills</b> Communication Social engagement Relationship building		
<b>Responsible decision-making</b> Analyzing situations Ethical responsibility	<b>Standard 7. Practicing healthy behaviors</b> 7.2.1 - Demonstrate healthy practices and behaviors to maintain or improve personal health.	<b>Language</b> <b>Conventions of Standard English:</b> CCSS.ELA-LITERACY.L.1.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. <b>Vocabulary Acquisition and Use:</b> CCSS.ELA-LITERACY.L.1.5 With guidance and support from adults, demonstrate understanding of word relationships and nuances in word meanings. CCSS.ELA-LITERACY.L.1.5.A Sort words into categories (e.g., colors, clothing) to gain a sense of the concepts the categories represent. CCSS.ELA-LITERACY.L.1.5.C Identify real-life connections between words and their use (e.g., note places at home that are cozy).

## Lesson 2: Respecting Myself

CASEL	NHES	Common Core
<b>Self-management</b> Impulse control Self-discipline Self-motivation Goal setting	<b>Standard 1. Understanding concepts</b> 1.2.1 - Identify that healthy behaviors impact personal health.	<b>English Language Arts Standards Writing</b> <b>Research to Build and Present Knowledge:</b> CCSS.ELA-LITERACY.W.1.8 With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.
<b>Social awareness</b> Perspective-taking Respect for others	<b>Standard 6. Goal-setting</b> 6.2.1 - Identify a short-term personal health goal and take action toward achieving the goal.	<b>Speaking &amp; Listening</b> <b>Comprehension and Collaboration:</b> CCSS.ELA-LITERACY.SL.1.1 Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups. CCSS.ELA-LITERACY.SL.1.1.A Follow agreed-upon rules for discussions (e.g., listening to others with care, speaking one at a time about the topics and texts under discussion). CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media. CCSS.ELA-LITERACY.SL.1.3 Ask and answer questions about what a speaker says in order to gather additional information or clarify something that is not understood.
<b>Relationship skills</b> Communication	<b>Standard 7. Practicing healthy behaviors</b> 7.2.1 - Demonstrate healthy practices and behaviors to maintain or improve personal health.	<b>Presentation of Knowledge and Ideas:</b> CCSS.ELA-LITERACY.SL.1.4 Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly.
<b>Responsible decision-making</b> Analyzing situations Reflecting Ethical responsibility		<b>Language</b> <b>Conventions of Standard English:</b> CCSS.ELA-LITERACY.L.1.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. <b>Vocabulary Acquisition and Use:</b> CCSS.ELA-LITERACY.L.1.5 With guidance and support from adults, demonstrate understanding of word relationships and nuances in word meanings. CCSS.ELA-LITERACY.L.1.5.A Sort words into categories (e.g., colors, clothing) to gain a sense of the concepts the categories represent. CCSS.ELA-LITERACY.L.1.5.C Identify real-life connections between words and their use (e.g., note places at home that are cozy).

## Lesson 3: Tower of Respect

CASEL	NHES	Common Core
<b>Self-awareness</b> Identifying emotions Recognizing strengths Self-confidence	<b>Standard 1. Understanding concepts</b> 1.2.2 - Recognize that there are multiple dimensions of health.	<b>English Language Arts Standards</b> <b>Writing</b> <b>Research to Build and Present Knowledge:</b> CCSS.ELA-LITERACY.W.1.8 With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.
<b>Self-management</b> Impulse control Stress management Self-discipline Self-motivation Goal setting	<b>Standard 4. Interpersonal communication</b> 4.2.1 - Demonstrate healthy ways to express needs, wants, and feelings. 4.2.2 - Demonstrate listening skills to enhance health.	<b>Speaking &amp; Listening</b> <b>Comprehension and Collaboration:</b> CCSS.ELA-LITERACY.SL.1 Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups. CCSS.ELA-LITERACY.SL.1.A Follow agreed-upon rules for discussions (e.g., listening to others with care, speaking one at a time about the topics and texts under discussion). CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media. CCSS.ELA-LITERACY.SL.1.3 Ask and answer questions about what a speaker says in order to gather additional information or clarify something that is not understood.
<b>Social awareness</b> Perspective-taking Respect for others		<b>Presentation of Knowledge and Ideas:</b> CCSS.ELA-LITERACY.SL.1.4 Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly.
<b>Relationship skills</b> Communication Relationship-building Teamwork		<b>Language</b> <b>Conventions of Standard English:</b> CCSS.ELA-LITERACY.L.1.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.
<b>Responsible decision-making</b> Analyzing situations Solving problems Evaluating Reflecting		<b>Vocabulary Acquisition and Use:</b> CCSS.ELA-LITERACY.L.1.5 With guidance and support from adults, demonstrate understanding of word relationships and nuances in word meanings. CCSS.ELA-LITERACY.L.1.5.A Sort words into categories (e.g., colors, clothing) to gain a sense of the concepts the categories represent. CCSS.ELA-LITERACY.L.1.5.C Identify real-life connections between words and their use (e.g., note places at home that are cozy).

## Lesson 4: How Full Is Your Bucket?

CASEL	NHES	Common Core
<b>Self-awareness</b> Identifying emotions Self-confidence Self-efficacy	<b>Standard 1. Understanding concepts</b> 1.2.1 - Identify that healthy behaviors impact personal health. 1.2.2 - Recognize that there are multiple dimensions of health.	<b>English Language Arts Standards</b> <b>Reading: Literature</b> <b>Key Ideas and Details:</b> CCSS.ELA-LITERACY.RL.1.1 Ask and answer questions about key details in a text. CCSS.ELA-LITERACY.RL.1.3 Describe characters, settings, and major events in a story, using key details <b>Craft and Structure:</b> CCSS.ELA-LITERACY.RL.1.4 Identify words and phrases in stories or poems that suggest feelings or appeal to the senses. <b>Integration of Knowledge and Ideas:</b> CCSS.ELA-LITERACY.RL.1.7 Use illustrations and details in a story to describe its characters, setting, or events. CCSS.ELA-LITERACY.RL.1.9 Compare and contrast the adventures and experiences of characters in stories.
<b>Social awareness</b> Perspective-taking Appreciating diversity Respect for others	<b>Standard 4. Interpersonal communication</b> 4.2.1 - Demonstrate healthy ways to express needs, wants, and feelings. 4.2.2 - Demonstrate listening skills to enhance health.	
<b>Relationship skills</b> Communication Relationship-building	<b>Standard 7. Practicing healthy behaviors</b> 7.2.1 - Demonstrate healthy practices and behaviors to maintain or improve personal health.	<b>Reading: Foundational Skills</b> <b>Fluency:</b> CCSS.ELA-LITERACY.RF.1.4.A Read grade-level text with purpose and understanding.  <b>Writing</b> <b>Research to Build and Present Knowledge:</b> CCSS.ELA-LITERACY.W.1.8 With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.  <b>Speaking &amp; Listening</b> <b>Comprehension and Collaboration:</b> CCSS.ELA-LITERACY.SL.1.1 Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups. CCSS.ELA-LITERACY.SL.1.1.A Follow agreed-upon rules for discussions (e.g., listening to others with care, speaking one at a time about the topics and texts under discussion). CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media. CCSS.ELA-LITERACY.SL.1.3 Ask and answer questions about what a speaker says in order to gather additional information or clarify something that is not understood. <b>Presentation of Knowledge and Ideas:</b> CCSS.ELA-LITERACY.SL.1.4 Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly.  <b>Language</b> <b>Conventions of Standard English:</b> CCSS.ELA-LITERACY.L.1.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. CCSS.ELA-LITERACY.L.1.2 Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing. <b>Vocabulary Acquisition and Use:</b> CCSS.ELA-LITERACY.L.1.5 With guidance and support from adults, demonstrate understanding of word relationships and nuances in word meanings. CCSS.ELA-LITERACY.L.1.5.C Identify real-life connections between words and their use (e.g., note places at home that are cozy).
<b>Responsible decision-making</b> Reflecting Ethical responsibility		



DESIGNATED BY CASEL  
AS A RECOMMENDED  
PROGRAM FOR SOCIAL  
AND EMOTIONAL  
LEARNING.

The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

<https://casel.org/guide/kindness-in-the-classroom/>